

Declutter, Organize & Clean Your Home

A place for everything, and everything in its place.

The Bathroom

Declutter: 20 minutes per bathroom. Use laundry baskets or bins to organize into keep but move elsewhere; donate; trash.

- Expired medications, sunscreens
- Worn towels, washcloths
- Dried-out nail polish
- Unused electric tools (hair dryer, curler, straightener)
- Almost-empty products
- Useless/broken hair accessories
- Items that belong elsewhere (jewelry, cleaning supplies)
- Duplicate/unused products
- Old bath toys
- Too many decorative items
- Trash
- Old packaging

Clean: Move the decluttered bins out of the room. Clean surfaces before organizing and putting things back where they belong. Surface cleaning should be a daily task. The rest can be done weekly, depending on how busy that bathroom is.

- Wash the windows, mirrors, shower door
- Wash curtains or buy/

- replace with new ones
- Clean/dust ceiling fans, light fixtures, vents
- Floor wiped as spills occur; weekly good washing
- Sink rinsed after each use; be extra careful after brushing teeth as toothpaste spatters! Deep clean monthly; clean hair trap twice a year.
- Empty trash if it smells but at least weekly
- Deep clean once or twice a year includes caulking, fixing leaks, replacing broken tiles

Organize: Put like with like. Surface areas should be for daily use items.

- Under sink space
- Medicine cabinet
- Drawers
- Shower/tub
- Towels, bath mats: change things up with new colors when buying new!
- Make-up area

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