



Healthy Snow Cone Syrup Recipe

Ingredients:

- 1 can (12 oz) 100% fruit juice concentrate (no added sugar)
 - Try white grape, apple raspberry, pineapple orange, cherry pomegranate
- 1/4 cup water (optional, for thinning)
- Optional: squeeze of lemon or lime for brightness

Instructions:

1. Let the frozen concentrate thaw (15-20 minutes on the counter).
2. Stir in a splash of water to thin if desired.
3. Pour over freshly shaved ice and serve immediately.
4. Store leftover syrup in a mason jar in the fridge for up to a week.

Dana's Tips:

- Layer flavors like apple + cherry or grape + pineapple.
- Garnish with fruit slices, frozen berries, or mint.
- Use squeeze bottles and let kids mix their own.

